



My goals for this New Year

In each figure write down a goal you would like to achieve this year. Try the SMART method:

S

SPECIFIC GOAL: Choose something you want to accomplish more than anything.

M

MEASURABLE GOAL: Choose something that can be achieved in a short time like a week or month.

A

ACHIEVABLE GOAL: Choose something that can be achieved easy.

R

REALISTIC GOAL: Choose something that you can manage.

T

TIMELY GOAL: Choose something that can be achieved on a regular basis.

I truly hope that with your persistence and hard work you are able to achieve what you most desire. I'm cheering for you!

Much love, Your teacher ♥

Created by: V

