

Matching Activity

Match the positive and negative effects of eating habits to the correct area of health.

Physical Health
(Positive)

Physical Health
(Negative)

Mental Health
(Positive)

Mental Health
(Negative)

Intellectual
Health
(Positive)

Intellectual
Health
(Negative)

Better performances on tests

Lack of concentration

Keeping your skins,
bones and teeth healthy

Poor vision

Improved Memory

Not being able to think
properly.