HEALTHY HABITS

1. Join the words with the pictures.

Drink fizzy drinks





Do exercise

Rest



Eat fruit and vegetables



Eat junk food



Go for walks



Drink water



Spend time on the computer



LIVEWORKSHEETS

2. Classify the vocabulary into healthy and unhealthy habits.

Drink fizzy drinks

Eat junk food

Do exercise

Go for walks

Rest

Drink water

Eat fruit and vegetables

Spend time on the computer

HEALTHY HABITS	UNHEALTHY HABITS

3. Choose the correct answer.

- We should 2 liters.
- We must long enough.
- We shouldn't more than 2 hours a day.
- We should every day.
- We should every day.

LIVEWORKSHEETS