



SARASAS AFFILIATED SCHOOL

Subject: Health

Grade: 1

Live worksheets

First name _____ Last name _____ Grade _____ No _____

P.A test1

Direction: Choose the correct answer letters only.

1.How many main meals are there in a day?

a. 3

b. 4

c.2

2.Do you eat food in a hurry?

a. no, i don't

b. yes i do

c. yes i don't

3.What time do you have breakfast?

a. morning

b. noon

c. evening

4.Do you have lunch at noon?

a. yes i do

b.no i don't

c.yes i don't

5.Do you eat dinner with your parents?

a. yes i do

b.yes i don't

c.no i don't

6.They are the three main meals except_____.

a. morning

b. lunch/dinner

c. breakfast

7.We have lunch at_____.

a. noon

b. morning

c. afternoon

8. We have _____ in the evening.

a. dinner

b. lunch

c. night

9. We will be hungry if we do not eat _____ food.

a. enough

b. hurry

c. mealtimes

10. We should not eat our food in a _____.

a. enough

b. mealtimes

c. hurry

