

13 Describing your day

Use the present simple tense to talk about the things you do regularly: for example, when you normally go to work or eat lunch.

New language The present simple

Aa Vocabulary Routine activities

New skill Talking about your daily routine

Aa 13.1 MATCH THE PICTURES TO THE CORRECT SENTENCES



Marion brushes her teeth at 7:20am.



Marion gets up at 6:30am.



Marion gets the bus at 7:45am.



Marion leaves work at 5pm.



Marion has a shower at 6:45am.



Marion has breakfast at 7am.



Marion goes to work at 7:30am.



Marion gets to work at 8:30am.

13.2 CROSS OUT THE INCORRECT WORD IN EACH SENTENCE

She **eats** / ~~eat~~ dinner in the evening.

- 1 I **wake** / ~~wakes~~ up at 6:30am.
- 2 He **gets** / ~~get~~ up at 6am.
- 3 She **have** / ~~has~~ a shower at 7am.
- 4 They **have** / ~~has~~ cereal for breakfast.
- 5 He **have** / ~~has~~ a shower before breakfast.
- 6 She **leaves** / ~~leave~~ home at 7:15am.
- 7 The bus **go** / ~~goes~~ every half hour.
- 8 I **get** / ~~gets~~ to work at 8:30am.
- 9 He **start** / ~~starts~~ work at 9am.
- 10 She **take** / ~~takes~~ an hour for lunch.
- 11 I **go** / ~~goes~~ to the sandwich shop for lunch.
- 12 They **eat** / ~~eats~~ lunch in the canteen.
- 13 He **finish** / ~~finishes~~ work at 5pm.
- 14 They **go** / ~~goes~~ home on the bus.
- 15 He **wash** / ~~washes~~ his car every weekend.
- 16 I **watch** / ~~watches~~ TV after dinner.
- 17 They **go** / ~~goes~~ to bed at 11pm.
- 18 He **sleep** / ~~sleeps~~ for eight hours.



13.3 FILL IN THE GAPS BY PUTTING THE VERBS IN THE CORRECT FORM

- I eat = She eats
- 1 I have = He _____
- 2 I start = It _____
- 3 I leave = He _____
- 4 I get up = She _____
- 5 I go = It _____
- 6 I wake up = She _____
- 7 I wash = He _____
- 8 I watch = She _____
- 9 I finish = It _____



13.4 FILL IN THE GAPS BY PUTTING THE VERBS IN THE CORRECT FORM

-  He finishes (finish) work at 5pm.
- 1  He _____ (get) up at 6:30am.
- 2  He _____ (have) breakfast at 7am.
- 3  She _____ (leave) home at 8am.
- 4  I _____ (drive) to work.
- 5  I _____ (have) lunch in the park.
- 6  I _____ (work) eight hours every day.
- 7  He _____ (go) to bed at 10:30pm.



13.5 SAY THESE VERBS OUT LOUD

- starts
- 1 goes
- 2 washes
- 3 wakes
- 4 gets
- 5 watches
- 6 leaves
- 7 has
- 8 finishes



14 Describing your week

You can talk about your usual weekly activities using the present simple with time phrases. Time phrases are often formed using prepositions and days of the week.

New language Days and prepositions

Aa Vocabulary Days of the week

New skill Talking about your weekly routine



14.1 FILL IN THE GAPS USING THE WORDS "ON" AND "IN"



Peter plays soccer on Sundays.

1



I go to the movies _____ the weekend.

3



Lin goes swimming _____ the evening.

2



Joe starts work at 6pm _____ Mondays.

6



Alex goes fishing _____ the weekend.

7



You watch TV _____ the afternoon.

7



He eats lunch at 1pm _____ Fridays.

4



Harry plays tennis _____ Wednesdays.

8



Sam goes to the gym _____ the morning.



14.2 MARK THE SENTENCES THAT ARE CORRECT

I play soccer on Mondays.



I play soccer at Mondays.



1

I work from Monday to Thursday.



I work of Monday to Thursday.



2

My sister go swimming every day.



My sister goes swimming every day.



3

We go to the gym on Saturdays.



We go to the gym at Saturdays.



4

You read the newspaper in Sundays.



You read the newspaper on Sundays.



5

Peter goes to work on the weekend.



Peter goes to work from the weekend.



6

Jennifer goes to a café for Fridays.



Jennifer goes to a café on Fridays.



7

Sam and Pete work to 9am from 5pm.



Sam and Pete work from 9am to 5pm.





14.3 SAY THE SENTENCES OUT LOUD, FILLING IN THE GAPS

I leave early for work on Mondays.

7 Laura goes shopping _____ Tuesdays.

1 Pam works _____ Monday _____ Friday.

8 Peter gets up at 8am _____ Mondays.

2 I work at home _____ Thursdays.

9 We go to the gym _____ Thursdays.

3 Tom goes to the cinema _____ Fridays.

10 Gerald reads a book _____ the weekend.

4 I play soccer _____ the weekend.

11 Jane swims _____ Monday _____ Friday.

5 They work _____ Monday _____ Thursday.

12 John takes a bath _____ Fridays.

6 We go to bed at 9pm _____ Mondays.

13 Lizzy starts work at 9am _____ Fridays.



14.4 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER

every day. has She breakfast

She has breakfast every day.

4 goes to Joe college five times a week.

1 goes to Dan three times a week. the gym

5 once a week. washes her Clarice clothes

2 twice a week. goes to the cinema Sam

6 Jennifer twice a week. at 10am gets up

3 every day. We at 11:30pm go to bed

7 at 7pm every day. eat dinner We





14.5 REWRITE THE SENTENCES, CORRECTING THE ERRORS

I **wakes up** at 6:30am.

I wake up at 6:30am.

1 Bob **go swimming** on Thursdays.

2 I play tennis **on weekend**.

3 Jane and Tom go to the gym **three time** a week.

4 Angus works from **Monday on Thursday**.

5 I go to the movies **on weekend**.

6 Sam goes to **college Wednesdays**.

7 Jenny gets up **in 7am** every day.

8 Peter **work from** Monday to Friday.

9 Nina **go to bed** at 11pm every day.



14.6 READ THE EMAIL AND ANSWER THE QUESTIONS

Jim goes to the gym three times a week.

True ☐ False ☒

1 Jim goes to work at 6am.

True ☐ False ☐

2 Jim goes to the gym on Mondays and Tuesdays.

True ☐ False ☐

3 He plays soccer on Fridays.

True ☐ False ☐

4 Jim and his wife get up at 10am on the weekend.

True ☐ False ☐

5 They go to the theater on Saturdays.

True ☐ False ☐

6 They go to a restaurant on Sundays.

True ☐ False ☐



To: Pete

Subject: My week

Hi Pete,

Let me tell you about my typical week. From Monday to Thursday, I get up early, at 6am. I eat breakfast, then I go to work at 8:30am. On Fridays, I work at home. I like Fridays. I like sports a lot. I go to the gym twice a week, on Mondays and Tuesdays, and I go swimming on Wednesdays. I play soccer on Thursdays, but I relax on Friday and read a newspaper.

On the weekend, my wife and I get up at 10am. We go to the movies on Saturdays, and on Sundays, we go to a good restaurant. Tell me about your weekend!

Jim





14.7 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER THEY ARE DESCRIBED



14.8 LISTEN TO 14.7 AGAIN AND ANSWER THE QUESTIONS

Kate goes to the gym on...

Monday ☐ Tuesday ☐ Friday ☒

1 Paul is a...
farmer ☐ teacher ☐ doctor ☐

2 Jane is a...
nurse ☐ doctor ☐ teacher ☐

3 On the weekend, Jane goes to...
a restaurant ☐ the movies ☐ a gym ☐

4 Sally gets up at...
6am ☐ 7am ☐ 8am ☐

5 Sally goes swimming on...
Saturday ☐ Sunday ☐ Thursday ☐

6 Eric works at the...
school ☐ theater ☐ restaurant ☐

7 Eric works... a week.
twice ☐ three days ☐ four days ☐

8 Claire is a...
waitress ☐ carpenter ☐ farmer ☐

9 Claire starts work at...
6am ☐ 4pm ☐ 6pm ☐