Learn English with pleasure!

Teenagers' eating habits



4 You will hear a news report on young people's eating habits. For questions 1-7, choose the best answer (A, B or C).

1 **The speaker says young people**
- a had a healthier diet in the past.
- b think fast food is nutritious.
- c would be healthy if they didn't eat fast food.

2 **Teenagers like fast food restaurants because**
- a they enjoy eating the processed food there.
- b there are many different dishes to choose from.
- c they find them sociable places to eat.

3 **Modern day families**
- a prefer to eat out.
- b don't have time to prepare healthy food.
- c eat more than they should.

4 **The speaker says**
- a people should skip breakfast instead of eating doughnuts or croissants.
- b home cooked meals are very nutritious.
- c no fixed meal times lead to bad eating habits.



5 **Young people eat junk food at lunchtime**
- a because it is convenient.
- b because it is filling.
- c because they can't afford anything else.

6 **The speaker says teenagers**
- a eat unhealthy snacks all day long.
- b sometimes eat nothing healthy all day.
- c need to learn to cook healthy food.

7 **Young people today**
- a don't eat fresh food.
- b usually have a healthy evening meal.
- c only drink sugary soft drinks.

LIVEWORKSHEETS