

Teenagers' eating habits

4 You will hear a news report on young people's eating habits. For questions 1-7, choose the best answer (A, B or C).

- 1** The speaker says young people
 - a had a healthier diet in the past.
 - b think fast food is nutritious.
 - c would be healthy if they didn't eat fast food.
- 2** Teenagers like fast food restaurants because
 - a they enjoy eating the processed food there.
 - b there are many different dishes to choose from.
 - c they find them sociable places to eat.
- 3** Modern day families
 - a prefer to eat out.
 - b don't have time to prepare healthy food.
 - c eat more than they should.
- 4** The speaker says
 - a people should skip breakfast instead of eating doughnuts or croissants.
 - b home cooked meals are very nutritious.
 - c no fixed meal times lead to bad eating habits.



- 5** Young people eat junk food at lunchtime
 - a because it is convenient.
 - b because it is filling.
 - c because they can't afford anything else.
- 6** The speaker says teenagers
 - a eat unhealthy snacks all day long.
 - b sometimes eat nothing healthy all day.
 - c need to learn to cook healthy food.
- 7** Young people today
 - a don't eat fresh food.
 - b usually have a healthy evening meal.
 - c only drink sugary soft drinks.