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Autumn starts when the day and night are the same length again. During autumn, the leaves change colour and fall from the trees. Some animals collect food before winter comes.

Winter begins on the shortest day of the year. In the north this is on 21 December. The weather is colder and in some places there is lots of snow. Plants and trees stop growing. Some animals, like bats and bears, find places to hide and sleep. This is called hibernation.

