

Activity: you need to put sentences into the correct order. Reconstruct the text by putting the sections in a logical order, eg by noting indicators of cohesion and coherence (topic sentences, linkers), or by making logical inferences.

Are video games a good way to keep fit?

Paragraph 1

Paragraph 2

Paragraph 3

Paragraph 4

→In addition, you can play them whenever you want.

→Although this is true, it's actually difficult to play outside when it's raining or very hot so video games are a good alternative.

→First of all, I think that active video games are a good way to keep fit.

→To sum up, I believe that video games are a fun and social way to keep fit.

→In my opinion, these games are fun and interactive because you can play them with friends and, if you play online, you don't need to be in the same place as your friend to play.

→Some people think that it's better to do exercise outside in the fresh air.

→There are lots of different types of exercise you can do such as basketball, water-skiing and dance and, what's more, you can play them in the comfort of your home.

→Nowadays, many teenagers have got video consoles at home and they often like playing active video games. These are good for you for a number of reasons.

→I think they are a good option when you can't play outside and they might encourage people to do more exercise.