Put the words in brackets into the correct tense to form conditionals.

I used to think that if I 1) ..... (earn) lots of money, then I 2) .....(be) happy. If you had known me three years ago, you 3)..... (see) me working as a lawyer. But even though I was making quite a bit of money, I wasn't happy and I also began to suffer from work-related stress. In fact, if I 4) ..... (not/become) so stressed, I wouldn't have taken up exercise classes and found my real passion.

Now, I'm a personal trainer and, if someone asked me the secret to a happy life, I 5) .....(tell) them that it has nothing to do with being rich. If you 6) ..... (decide) to follow a healthy lifestyle, then you too 7) .....(find) that there is more to life than money. I always tell my clients that the mind and the body are connected and, if you look after your body, it 8)..... (have) a great effect on your state of mind.

LIVEWORKSHEETS