

# Adverbs of Frequency

✓ always	100 %	I <b>always</b> watch TV at night.
✓ usually	80 %	Mike <b>usually</b> gets up late.
✓ often	70 %	I <b>often</b> exercise in the morning.
✓ sometimes	50 %	They <b>sometimes</b> go to Starbucks.
✓ rarely	20 %	I <b>rarely</b> see my boss.
✓ hardly ever	5 %	We <b>hardly ever</b> miss work.
✓ never	0 %	He <b>never</b> comes late to work.

A) Fill in the blanks below with the best adverbs of frequency and the correct form of the verb. Do not forget to write the verb/ adverb in the correct place.

- My brother is never sad. He (be) (always) \_\_\_\_\_ happy.
- I was late for work only one time last year. I (be) \_\_\_\_\_ late.
- Mary failed only one test in high school. She (pass) \_\_\_\_\_ her tests.
- I always remember to do my homework. I (forget) \_\_\_\_\_ to do it.
- Steve rarely goes to the cinema. He (see) \_\_\_\_\_ movies.
- Judy saw a doctor for the first time in three years. She (get) \_\_\_\_\_ sick.
- I get up at five o'clock seven days a week. I (get up) \_\_\_\_\_ early.
- It's always hot and sunny where I live. That's why I (see) \_\_\_\_\_ snow.
- I (take) \_\_\_\_\_ the bus to work, maybe three or four times a week.
- My sister almost never eats burger and fries. She (eat) \_\_\_\_\_ healthy food.