



Eat healthy



Vitamins



Wash my hands



Face mask

**Instructions:** Read and complete the charts.

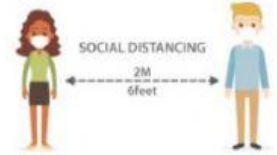
To prevent diseases such as COVID-19,  
There is plenty of actions that you can do.

If you want to **strengthen your immune system**, *eat healthy* and *take vitamins*. If you want to **prevent a contagion** *you can wear a face mask, wash your hands, and keep social distance*.

It's **important to stay calm and relax** and *enjoy your family time*.



Enjoy family time



Keep social distance



Stay calm and relax

**If you want to strengthen your immune system you can**

1. \_\_\_\_\_
2. \_\_\_\_\_

**If you want to prevent a contagion you can**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**It's also important for you to:**

1. \_\_\_\_\_
2. \_\_\_\_\_

**Instructions:** Read the dialogue, complete the sentences and match them with the pictures.



Cover when you \_\_\_\_\_ or \_\_\_\_\_



Enjoy family time



Wash your hands with \_\_\_\_\_.



sneeze



cough



Stay home and \_\_\_\_\_



Soap