Match these definitions to the words.

These are viruses or bacteria which can make you ill.

This is the result of an unhealthy diet and not doing exercise.

This is a state of both good physical and mental health.

This is a visit to the doctor to see if you are healthy.

This is the ability to understand how someone else feels.

• germs

empathy

check-up

obesity

well-being

SELIVEWORKSHEETS