

Additional English/ Matthayom 4

Name: _____ No. ____ M. 4/____

Fill in the blanks with the words from the box.

designed
data

sedentary
survey

colleagues
ubiquitous

Although humans were 1. _____ to move, our modern lifestyle makes us sit for many hours a day. The 2. _____ office job and people's daily habits make us spend hours and hours sitting each day. Peter Katzmarzyk and his 3. _____ are researching how our lifespans are changed by sitting all day. They looked at a 4. _____ to see how long Americans spend sitting and watching TV. Americans sit between four and a half to five hours a day. Such a 5. _____ lifestyle can take off a person's life.