

## UNIT 2. VOCABULARY

### 1) Complete the sentences with a suitable word or expression.

- 1 Since I broke my leg, I've been out of  . I'll have to start exercising soon.
- 2 She decided to go on a  diet to lose 5 kg before her wedding.
- 3 A cup of coffee is often a  fix for exhaustion.
- 4 Our scientists are on the  of finding a cure for the common cold.
- 5 What are the  effects of this medication?

### 2) Complete the sentences with the words and expressions below.

gain weight      quit      relapse      dosage  
overweight      well-being      drowsy

- 1 Exercise is great for your general .....
- 2 He used to smoke, but he decided to .....
- 3 The doctor decided to change the patient's daily .....
- 4 The doctors think I'm cured, but there's a small chance of a .....
- 5 Don't eat so much junk food. You'll .....
- 6 The medication is starting to make me feel .....
- 7 If dogs don't get exercise, they can become .....

### 3) Complete the text with the words and phrases below. There are more words than you need.

carried out      well-being      turned down      life-threatening  
call off      incurable      overreact      recover      relapse

Wilko Johnson is an English musician who became famous as the guitarist with the band Dr Feelgood. In 2012, he was forced to <sup>1</sup> ..... a concert because of illness. In early 2013, he discovered that he had cancer. Doctors told him it was <sup>2</sup> ..... and that he only had a few months left to live. Wilko <sup>3</sup> ..... the option of chemotherapy and decided to make one last album and go on a farewell tour to say goodbye to his fans.

However, when he was still alive a year later, doctors checked him again and found that his tumour wasn't as dangerous as they'd thought. It was, though, very large and there was a danger that removing it would be such a shock to his system that he wouldn't <sup>4</sup> ..... from surgery. They <sup>5</sup> ..... an 11-hour operation and, fortunately, Wilko is now cancer free.

In interviews later, Wilko said that, during 2013, when he thought he had a <sup>6</sup> ..... illness, he felt more alive than ever and enjoyed a feeling of <sup>7</sup> ..... that he hadn't experienced before.

#### 4) Complete the sentences with the correct form of the words below.

avoid ■ treat ■ cure ■ revolution ■ allergy ■ threat

- 1 What  would you recommend, doctor?
- 2 Don't worry. It isn't life-, but you must take it easy for a few weeks.
- 3 I can't eat this dessert. I'm  to nuts.
- 4 The problems here are all  . Employees just need to take more care of their work.
- 5 Type 1 diabetes is , but you can live with the condition by taking insulin every day.
- 6 Doctors have announced a  new way to treat cancer.

#### 5) Complete the text with the words and expressions below.

workouts      goes beyond      on the verge of      stages  
slim down      drowsy      crash diet      adjust

##### Looking Good, but Feeling Awful

Male fitness models appear to be in great shape. However, many of these models feel so ill on the day of a photoshoot that they're <sup>1</sup> ..... collapse. Most models are actually a lot heavier than they appear in photos, but they <sup>2</sup> ..... before the day of the shoot. In the early <sup>3</sup> ..... of their preparations for a photoshoot, they <sup>4</sup> ..... their diet, concentrating on vegetables, meat and eggs. Later, many go on a <sup>5</sup> ....., eating very little, while going to the gym for <sup>6</sup> ..... When they aren't posing for the camera, they often feel <sup>7</sup> ..... because they've eaten so little. This image is dangerous because it <sup>8</sup> ..... what is a realistic and healthy level of fitness for a man.



#### NOUNS AND PREPOSITIONS. Complete the sentences with the correct preposition.

- 1 There is a demand  more doctors in our town.
- 2 This spray gives protection  mosquito bites.
- 3 This discovery will have a big impact  the medical world.
- 4 A healthy diet plays a major role  keeping fit.
- 5 We should reduce our use  antibiotics because bacteria are becoming resistant to them.
- 6 There's been a revolution  treatment for asthma over the last few years.
- 7 Do you think we'll find a solution  this problem?
- 8 There is a ban  smoking in our school.
- 9 There's been an increase  allergies among young people in recent years.