UNIT 2. VOCABULARY

1) Complete the sentences with a suitable word or expression.

1 Since I broke my leg, I've been out of [ ] . I'll have to start exercising soon.

2 She decided to go on a [ ] diet to lose 5 kg before her wedding.

3 A cup of coffee is often a [ ] fix for exhaustion.

4 Our scientists are on the [ ] of finding a cure for the common cold.

5 What are the [ ] effects of this medication?

2) Complete the sentences with the words and expressions below.

gain weight | quit | relapse | dosage | overweight | well-being | drowsy

1 Exercise is great for your general ..... .

2 He used to smoke, but he decided to ..... .

3 The doctor decided to change the patient's daily ..... .

4 The doctors think I'm cured, but there's a small chance of a .....

5 Don't eat so much junk food. You'll ..... .

6 The medication is starting to make me feel ..... .

7 If dogs don't get exercise, they can become ..... .

3) Complete the text with the words and phrases below. There are more words tan you need.

carried out | well-being | turned down | life-threatening | call off | incurable | overreact | recover | relapse

Wilko Johnson is an English musician who became famous as the guitarist with the band Dr Feelgood. In 2012, he was forced to [1] ..... a concert because of illness. In early 2013, he discovered that he had cancer. Doctors told him it was [2] ..... and that he only had a few months left to live. Wilko [3] ..... the option of chemotherapy and decided to make one last album and go on a farewell tour to say goodbye to his fans.

However, when he was still alive a year later, doctors checked him again and found that his tumour wasn't as dangerous as they'd thought. It was, though, very large and there was a danger that removing it would be such a shock to his system that he wouldn't [4] ..... from surgery. They [5] ..... an 11-hour operation and, fortunately, Wilko is now cancer free.

In interviews later, Wilko said that, during 2013, when he thought he had a [6] ..... illness, he felt more alive than ever and enjoyed a feeling of [7] ..... that he hadn't experienced before.

LIVEWORKSHEETS

4) Complete the sentences with the correct form of the words below.

avoid ■ *treat* ■ *cure* ■ *revolution* ■ *allergy* ■ *threat*

1 What [ ] would you recommend, doctor?

2 Don't worry. It isn't life- [ ] , but you must take it easy for a few weeks.

3 I can't eat this dessert. I'm [ ] to nuts.

4 The problems here are all [ ] . Employees just need to take more care of their work.

5 Type 1 diabetes is [ ] , but you can live with the condition by taking insulin every day.

6 Doctors have announced a [ ] new way to treat cancer.

5) Complete the text with the words and expressions below.

workouts	goes beyond	on the verge of	stages
slim down	drowsy	crash diet	adjust



Looking Good, but Feeling Awful

Male fitness models appear to be in great shape. However, many of these models feel so ill on the day of a photoshoot that they're [1] ..... collapse. Most models are actually a lot heavier than they appear in photos, but they [2] ..... before the day of the shoot. In the early [3] ..... of their preparations for a photoshoot, they [4] ..... their diet, concentrating on vegetables, meat and eggs. Later, many go on a [5] ..... , eating very little, while going to the gym for [6] ..... . When they aren't posing for the camera, they often feel [7] ..... because they've eaten so little. This image is dangerous because it [8] ..... what is a realistic and healthy level of fitness for a man.



NOUNS AND PREPOSITIONS. Complete the sentences with the correct preposition.

1 There is a demand [ ] more doctors in our town.

2 This spray gives protection [ ] mosquito bites.

3 This discovery will have a big impact [ ] the medical world.

4 A healthy diet plays a major role [ ] keeping fit.

5 We should reduce our use [ ] antibiotics because bacteria are becoming resistant to them.

6 There's been a revolution [ ] treatment for asthma over the last few years.

7 Do you think we'll find a solution [ ] this problem?

8 There is a ban [ ] smoking in our school.

9 There's been an increase [ ] allergies among young people in recent years.

LIVEWORKSHEETS