

Emotion 01

Exercise 4 4.4

Listen and read, then use the words from the box to complete the dialogues.

show mood makes disappointed good excited seem okay

Alex: Are you ¹ okay, John?

John: Yeah, I'm all right. Why do you ask?

Alex: Well, you ² _____ a bit upset. Are you in a bad ³ _____ after losing the football match yesterday?

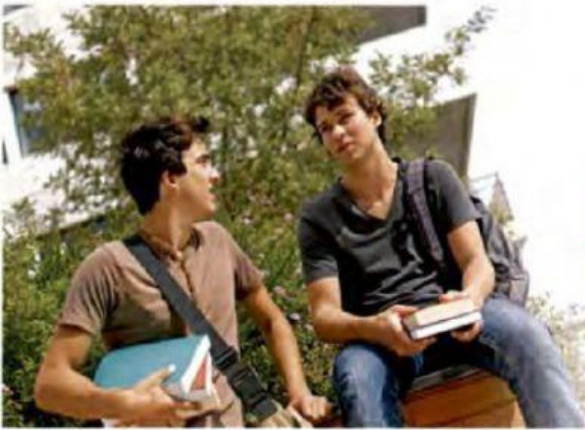
John: I guess I am. I'm really ⁴ _____ that we lost because I really wanted to win that match and I thought we played well.

Suzi: It was nice to see your sister looking so happy this morning, Megan. Why was she in such a ⁵ _____ mood?

Megan: She had an email from her boyfriend. That always ⁶ _____ her happy.

Suzi: Is she upset that he decided to study in London?

Megan: Well, she doesn't ⁷ _____ her feelings much, but it must be hard for her. He's coming home for the summer, though, and she's very ⁸ _____ about that.



Asking about someone's mood 4.5

To ask someone if they are upset, say:

▶ *Are you okay?* or *Are you all right?*

To reply that you are not upset, say:

▶ *Yes, I'm okay, thanks.* or *Yes, I'm all right, thanks.*

Exercise 5

Match the things that have happened (1–6) with the emotions (a–f).

1 Last year I won \$20,000 in a competition.

2 I remember that day last summer. It was the day before my holiday.

3 It was the day before my final exam.

4 My friend sent me a really funny email.

5 I failed my driving test.

6 My boyfriend forgot my birthday.

a I seemed calm, but I felt really nervous inside.

b I was so disappointed that I started crying.

c I felt so excited, thinking about the next day, that I couldn't sleep.

d I was absolutely amazed – I couldn't stop smiling.

e I was absolutely furious with him and I didn't try to hide my feelings.

f I started laughing when I read it.

Use the words you've learned...

Describe a situation in which you showed or hid your feelings.