Linking words - while, during, and for

The prepositions 'for', 'during' and 'while' are often used in time expressions.

FOR

- For is followed by a length of time: for one hour.
 - It answers the question: How long?
 - o I have been standing here for 10 minutes.
 - Tony is going to San Francisco for a week.
 - My parents lived in London for 2 years.
 - o Have you been attending English classes for a long time?

DURING

· During is followed by a noun.

It means 'throughout the period' or 'in the course of' an action or event.

- During the summer I go to the beach as often as possible.
- Exercises were given to us during the lesson.
- The bank was robbed during the night.
- o My grandparents often come to stay with us during the winter.

WHILE

While is usually followed by a subject and a verb.

It means 'during the time that an action is taking place'.

- They held hands while they were watching the film.
- o The students took notes while the teacher was speaking.
- We'll collect some seashells while we're walking on the beach.
- Alex phoned while you were out.

It is often possible to drop subject + be:

- o I generally listen to music while driving to work.
- Sam twisted his ankle while playing tennis.
- While can also be a noun which means 'a period of time'.
 - o I spoke to the neighbour for quite a while yesterday.
 - It's been a while since I read that book.

Exercise 1

Write down during, for, while to complete the sentences below.

1 She has been sleeping ten hours.

2 lived in London over two years.

3 met George my trip to Barcelona.



4The singer fell ill they were on tour.
5She gets up at 6 and meditates an hour before going to work.
6He scored a goal the second half of the match.
7She fell asleep the exam.
8Paul has been in a wheelchair most of his life.
9I met Sally I was on holiday in Scotland.
10We should travel we are still young.
Exercise 2. Complete the sentences with while, during or for.
I fell and hurt myself I was playing tennis.
It started to rain the match.
We played tennis two hours.
2 I worked in Italy three years.
the summer I stayed on a farm in
Tuscany.
I learned Italian I was there.
3 We went on holiday in Florida
three weeks.
the day it was very hot, but it was cool at night.
We went to Disneyland we were
there.
4 We had a lovely meal yesterday. We sat at the
table three hours.
the meal we exchanged news.
I was talking to Barbara, I learned
that Tony was in hospital.