

Health and fitness/Conditional 1, 2

Grammar

Ex 1 Complete the sentences. Use the first conditional.

1. We _____ (play) tennis if the weather _____ (be) fine tomorrow.
2. My mum _____ (be) surprised if she _____ (not pass) her driving test.
3. If I _____ (feel) better, I _____ (go) to school tomorrow.
4. If I _____ (have) enough money, I _____ (buy) a computer game.
5. We _____ (miss) the train if we _____ (not leave) now.

Ex 2 Complete the sentences. Use the second conditional.

1. if I/live/further from my school/I/not walk/there

2. most people/have/a stomach-ache if they/eat/three hamburgers for lunch

3. if my brother/not have/exams/he/watch/TV all evening

4. my sister/not be/so tired if she/go/to bed earlier

5. if people/do/more exercise/they/be/healthier

Ex 3 Rewrite the sentences using unless

1. I won't eat anything if I don't feel hungry.

2. We'll get very wet if it doesn't stop raining.

3. If we don't ask the teacher, we won't understand.

4. I'll phone you if I don't hear from him.

5. You will be late for school if you don't leave now.

Vocabulary

Ex 4 Complete the sentences. Add the correct endings to the nouns in brackets to make adjectives.

1. Some snakes are _____ (poison). You must be careful.
2. Junk food can be _____ (harm) if you eat a lot of it.
3. Lunch at school is always very _____ (taste). I love it!
4. My brother is _____ (greed). He always eats a lot of food.
5. When I hurt my arm, it was very _____ (pain).

Ex 5 Complete the sentences with the words in the box.

improve sick cure spoonful cold

1. I don't know the best _____ for stomach-ache, but you'll feel better if you stop eating.
2. I feel _____.
3. I've got a _____.
4. If your headache doesn't _____ you should see a doctor.
5. If you take a _____ of this medicine three times a day, you'll feel better.