

Click  and listen  . Number  the pictures.

Food Pyramid

FATS AND
SWEETS

PROTEINS

DAIRY

FRUITS

VEGETABLES

CARBOHYDRATES

1. pasta
2. fish
3. bread
4. ice cream
5. rice
6. lettuce
7. chicken

8. butter
9. cereal
10. oranges
11. carrot
12. steak
13. grapes

14. biscuits
15. milk
16. bananas
17. potatoes
18. cheese
19. cashew
anacardo