

SAINS TAHUN 3

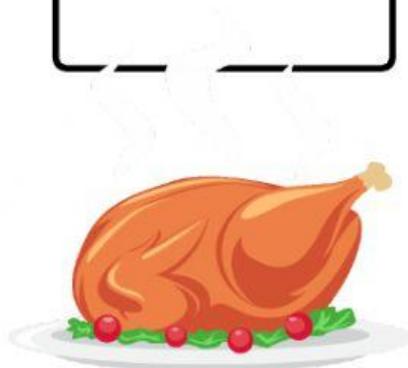
KELAS MAKANAN

Name: _____

Tarikh : _____

Tuliskan kelas makanan yang betul bagi setiap makanan di bawah.

[Protein, Pelawas, Karbohidrat, Lemak, Mineral, Vitamin, Air]



Tuliskan kepentingan kelas makanan berikut kepada badan.

1



Blank space for writing the importance of rice to the body.

2



Blank space for writing the importance of meat to the body.



Blank space for writing the importance of fish to the body.



Blank space for writing the importance of lettuce to the body.



Blank space for writing the importance of water to the body.



Blank space for writing the importance of butter to the body.



Blank space for writing the importance of bread to the body.



Blank space for writing the importance of papaya to the body.