Name: _____

Interdisciplinary Unit

Checkpoint Test: **Healthy Foods**

Section A. Choose the foods that are healthy.

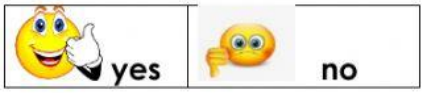


Section B: Look at the pictures. Choose the children who eat healthy.



Section C: Click **yes** or **no** to answer the statements.

1. We need to drink a lot of water every day.



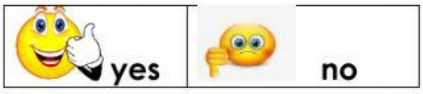
2. Fruits are a bad food choice for school.



3. Eating vegetables help to make our skin, hair and nails healthy.



4. Candy and cake help to build strong muscles.



5. Drinking milk help our bones to be strong.



LIVEWORKSHEETS