

Name: _____

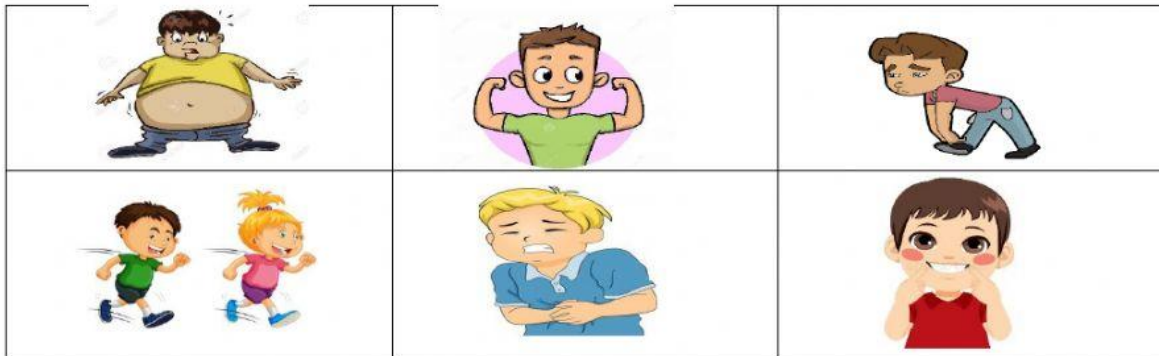
Interdisciplinary Unit

Checkpoint Test: Healthy Foods

Section A. Choose the foods that are healthy.



Section B: Look at the pictures. Choose the children who eat healthy.



Section C: Click yes or no to answer the statements.

1. We need to drink a lot of water every day.

 yes	 no
--	---

2. Fruits are a bad food choice for school.

 yes	 no
--	--

3. Eating vegetables help to make our skin, hair and nails healthy.

 yes	 no
--	---

4. Candy and cake help to build strong muscles.

 yes	 no
--	---

5. Drinking milk help our bones to be strong.

 yes	 no
--	---