

## English Cycle 5 Evaluation

A. Select the correct tense - present simple or present continuous - to finish the sentences using the verb in parentheses (...) / *Conjuga los verbos entre paréntesis en presente simple o presente continuo según la expresión de tiempo encontrada* (4 pts)

1. I \_\_\_\_\_ (ride) my mountain bike in the race tomorrow.
2. The marathon athletes \_\_\_\_\_ (run) the race right now.
3. Mary and Jenn \_\_\_\_\_ (do) yoga every morning at 7 o'clock.
4. Roger often \_\_\_\_\_ (walk) in the park after work.
5. The children \_\_\_\_\_ (play) football outside at the moment.
6. In an olympic triathlon, athletes \_\_\_\_\_ (swim) for 1500m, then they \_\_\_\_\_ (ride) a bicycle for 40km and finally run for 10km.
7. At this moment the triathlon athletes \_\_\_\_\_ (run) the final 10km.

B. Read the article about snowboarding and answer the questions below using complete sentences / *Lee este artículo y contesta las 2 preguntas usando oraciones completas* (2 pts)



Snowboarding is an exciting and sometimes dangerous sport. Some people like it more than skiing because you can go faster and you can go in between the trees on your snowboard. It is important to wear a helmet to protect your head, and also wear warm clothes. In the picture you can see a man jumping with his snowboarding helmet. Wearing a helmet can prevent you from getting hurt, or even die having an accident while practicing this sport. It is absolutely

necessary to wear one every time you go snowboarding.

1. What is the man doing in the picture?
2. Why is it important to wear a helmet while snowboarding?

C. Read the article about rafting and select the True or False answers for each statement / *Lee el artículo y selecciona verdadero o falso para las dos afirmaciones* (1 pt)

Lots of people like whitewater rafting. You can do it in the summer with a guide. You travel very fast down a river in an inflatable raft. It is important that you know how to swim. If anything happens and by any chance you fall off the boat, swimming can avoid you from drowning. Also it is important to have a guide, do not go by yourself, a guide can give you very useful tips to prevent any kind of accident. You can see in the picture how the guide is steering the raft boat down the river. Rafters must keep their life vest on and wear a helmet to prevent any injury. However, if you do not know how to swim, do not practice rafting.



3. Whitewater rafting is not a dangerous sport.

TRUE

FALSE

4. It is important to go rafting with a guide.

TRUE

FALSE

D. Match the picture with the appropriate vocabulary word from the workshop / *Conecta las imágenes con el vocabulario visto en el taller* (3 pts)

a. YOGA



b. PUSH-UPS



c. BASEBALL



d. SWEAT



e. SQUATS



f. SWIMMING

