GRADE 9 – UNIT 4 – READING 1

I. Complete the passage with words from the box.

shift	than	mostly	indicate
held	declines	spans	obense

Today, childhood is spent (1) _____ indoors, watching television, playing video games and surfing the Internet. When children do go outside, it tends to be for scheduled events soccer camp or a fishing derby - (2) _____ under the watch of adults.

The (3) _____ to an indoor childhood has accelerated in the past decade, with huge (4) _____ in spontaneous outdoor activities such as bike riding, swimming and touch football, according to separate studies by the National Sporting Goods Association.

In addition, a child is six times more likely to play a video game on a typical day (5) _____ to ride a bike. The change can be seen in children's bodies. In the 1960s, 4% of kids were (6) _____. Today, 16% are overweight. It can also be seen in their brains. Studies (7) _____ that children who spend lots of time outdoors have longer attention (8) _____ than those who watch lots of television and play video games.

LIVEWORKSHEETS