LISTENINGS: LA COMIDA

Listening Page 60 ex 3

Listen to the audio file and answer the questions in English:

1. What does Sergio have for breakfast?	
2. What does he drink?	
3. At what time does he have breakfast?	
4. What does he have for lunch?	
5. At what time does he have lunch?	
6. What does he have for a snack?	
7. At what time does he have dinner?	
8. What does he have for dinner?	

Listening Page 66 ex 1

Listen to the audio file and fill in the gaps: Look at the vocabulary box underneath!

El fin de semana pasado _____ con David Beckham. _____ a Madrid en _____ y _____ a un restaurante muy caro con David. _____ guay! El restaurant se llama El mesón madrileño.

De primer plato _____ una _____ y David gambas. De Segundo plato _____ una paella. De postre _____ un helado de _____, delicioso! David no _____ nada. _____ agua. Durante la cena, David _____ unos mensajes de Victoria. _____ del Real Madrid y de fútbol.

LIVEWORKSHEETS

VOCABULARY

Gambas= prawns
Compartir=to share
De primer plato= as first course
De Segundo plato= as second course
De postre=as dessert

Listening Page 67 ex 4

Listen to the audio about a dinner with Jennifer Lopez and answer the questions in English:

When did Rosa go out with JLo?	
Where did they meet?	
How did Rosa go there?	
What did they have for first course?	
What did they have for second course?	
What did they drink?	
What does Rosa think of J Lo?	
What did they talk about?	
What is the overall opinion of the whole experience?	

LIVEWORKSHEETS

TRANSLATION PRACTICE

A glass=**un vaso**

Bacon=bacon

To avoid= **evitar + infinitive**

Sugar=azúcar

You can= **Se puede**

BE= **ser**

Easily=**fácilmente**

To lose weight=**adelgazar**

At least= **por lo menos**

fat=grasa

Too much=demasiado

Good=Bueno

Well=bien

Normally I think that I eat healthy. For example, in the morning for breakfast I have a glass of milk, toast and an orange juice. I never eat bacon because it has too much grease and makes me fat. For lunch often I eat a sandwich or a seafood soup. I like tuna sandwiches because they are healthy. I avoid eating sugar because it is not healthy. For dinner I normally have fish with vegetables or lamb chops. I like meat because it is rich in proteins it keeps me fit. However, I don't like fish because it tastes disgusting although it contains vitamins.

Yesterday, for breakfast I had toast and for lunch I had chicken with chips. I love chips but they are not healthy and make me fat. Yesterday, for dinner I also had a burger and fruit because you have to think about your health.

When I was little, I wasn't healthy. I used to eat many cupcakes and ice-creams. They were bad for me. In the future, I think I will eat well because I want to lose weight. I will drink water and I will eat fish and vegetables because it keeps me fit and it makes me lose weight.

LIVEWORKSHEETS

Remember:

Para el desayuno tomo/ desayuno= for breakfast I have (two options, it means the same, you just need to change the ending of the verb for past, imperfect, or future)

Para la comida tomo/ como= for lunch I have (two options, it means the same, you just need to change the ending of the verb for past, imperfect, or future)

Para la cena tomo/ ceno= for dinner I have(two options, it means the same, you just need to change the ending of the verb for past, imperfect, or future)

Para la merienda tomo/ meriendo= for a snack I have (two options, it means the same, you just need to change the ending of the verb for past, imperfect, or future)

LIVEWORKSHEETS