

TAEKWONDO

Taekwondo is a very popular sport. There are millions of taekwondo ___1___ around the world. The sport is ___2___. Here is a boy doing taekwondo. He's wearing a white and black uniform, and a ___3___ belt.

Taekwondo athletes usually wear a ___4___ uniform. They also wear a ___5___. Here are different colours of taekwondo belts. There are different colours for each ___6___. For example, when someone has a black belt, it means they're very ___7___ at taekwondo.

Here, an athlete is practising his ___8___. Taekwondo athletes are very ___9___. They can jump high and kick fast. It is very ___10___ to to be fast in this sport.

