

Lessons 4&5



Choose the correct word.

- 1 Do you ever (watch - skip - drink) breakfast?
- 2 I sometimes (worry - stay - say) up late.
- 3 I prefer (trying - eating - watching) TV or playing video games.
- 4 I (make - do - have) exercise every day.
- 5 She is going to (sleep - watch - stay) early.



Read and match.

1) relaxed, not angry	a) have an argument
2) feeling happy and having fun	b) stay up late
3) be cross with someone because you don't agree	c) be in a good mood
4) not going to bed at the right time	d) be positive
5) try not to worry when facing a problem	e) be calm

1- () 2- () 3- () 4- () 5- ()



Look and write a sentence under each picture.



exercise - every day



feel - cross