

## REVISION OF VOCABULARY (UNIT 1 -2)

**Mark the letter A, B, C or D to indicate the word(s) CLOSEST in meaning to the underlined word(s)**

23. Tomato juice contains a rich amount of fiber which helps in breaking down LDL or bad cholesterol in the body.

A. compounds      B. comprises      C. produces      D. Provides

24. The human body possesses an enormous, astonishing, and persistent capacity to heal itself.

A. cure      B. generate      C. Protect      D. remove

**Mark the letter A, B, C or D to indicate the word(s) OPPOSITE in meaning to the underlined word(s)**

25. From my point of view, parental divorce can cause lasting negative consequences for children.

A. beginning of a marriage      B. the situation of not marrying  
C. single person      D. ending of a marriage

26. It is important to create a daily routine so as to improve your work-life balance today.

A. a situation in which two or more things are not treated the same  
B. a state that things are of equal weight or force  
C. a state that things are of importance  
D. a situation that things change frequently in amount

27. In my view, husbands should contribute to the household duties in order to reduce burden on their wives.

A. minimise      B. lower      C. decrease      D. increase

28. We try to create an atmosphere of comfort and security for our children.

A. safety      B. harmony      C. danger      D. shelter

29. My husband willingly helps me do the chores at weekends so that I can have more time to relax.

A. eagerly      B. reluctantly      C. agreeably      D. readily

30. In my family, my mother always does the cooking and shopping, my father has responsibility for mending things, especially electrical devices.

A. impairing      B. fixing      C. repairing      D. curing

31. When having days off, he always helps his wife tidy up the house.

A. clear up      B. sort out      C. arrange      D. mess up

32. His parents have been highly critical of his recent disobedience.

A. disapproving      B. favourable      C. crucial      D. uncomplimentary

33. Ms. Lan taught her children to keep their rooms neat and tidy when they were four.

A. ordered and untidy      B. messy and arranged  
C. messy and dirty      D. clean and undusted

34. Setting and clearing the table, making bed and taking out the trash are suitable chores for 8- to 10-year-old children.

A. inappropriate      B. proper      C. acceptable      D. Reasonable

35. The human respiratory system is a series of organs responsible for taking in oxygen and expelling carbon dioxide.

A. breathing out      B. dismissing      C. exhaling      D. inhaling

36. Turmeric can help in boosting immune system and fight off free radical attacks in the system.

A. destroying      B. enhancing      C. weakening      D. stopping

37. Although there are unanswered questions, acupuncture appears to work.

A. be incorrect      B. be ineffective      C. be uncertain      D. be unhelpful

38. Apart from being used as an ingredient in cooking, turmeric also promotes many health benefits.

A. contributes to      B. discourages      C. stimulates      D. weakens

39. Originally, there were 365 acupoints, but now this has increased to more than 2000 nowadays.

A. reduced      B. stabled      C. transferred      D. turned into

40. Acupuncture is considered to be very safe when enough precautions are taken.

A. comfortable      B. dangerous      C. Sore      D. unhealthy

41. Compound exercises can increase strength and size far effectively than isolation exercises.

A. Light      B. Heavy      C. Mixed      D. Single

42. Care is also needed so that inner body parts (lungs, heart liver, etc.) are not touched by the needles.

A. external      B. foreign      C. superficial      D. visible