Family Life and Health

The Importance of Friendship

Friends meet human physical, emotional and social needs for love, support and to belong to a group. Friends share the same feelings, goals, values, and interests. Young people usually make new friends as their interests change. Friendships vary. Some friendships last a lifetime, some last only a day or two.

Making and keeping friends take practice. Advice from friends can be good or bad. Individuals are responsible for the choices/decisions that they make in life. Therefore, it is important for individuals to choose friends that will encourage them to make wise choices.



LIVEWORKSHEETS