

LESSON 3

WRITING: DESCRIBING A DAILY ROUTINE

1. Match



help my mother

do exercise

go for a walk

take a nap

wash dirty clothes

take/have a shower
take a bath

brush my teeth

have extra classes

2. Unscramble Words

1. in the morning/ begins/ very early/ my day/.

2. usually/ I/ at 4:30 am/ get up/.

3. my bed,/ I make/ clean/ brush / my face,/and do/ my teeth/ morning exercises/ After having gotten up,/.

4. like/ morning walk/I/ for a small/ going/.

5. to feel good/ I/ because/ enjoy/ in the early morning / very much/ the walk/ it helps me/.

6. I/ and take/ wash/ At about 5:30,/ my dirty clothes/ a bath/.

7. have breakfast/ I/ often/ at 6:30/.

8. I/ After breakfast,/ to school/ prepare/ and school things/ my books/ to go/.

9. at school/ I/ to 11:00 am/ study/ from 7:00 am/.

10. I/ and then I take a nap/ usually/ at 11:50/ finish my lunch/.

11. till 4:30 pm / In the afternoon,/ I/ learn in the library/ often/ from 1:30 pm/.

12. help my mother/ After that,/ I/ for my family / to prepare dinner/.

13. and have dinner/ I/ until 6:00 pm/ finish cooking at about 5:30/ usually/.

14. extra English classes / I /have/ and Fridays/ from 5:30 pm/ to 7:10 pm/ but only on Mondays/.

15. In the evening,/ to 7:00 pm/ take a rest/ I often/ and listen/ read newspapers,/ to music/ from 6:00 pm/.

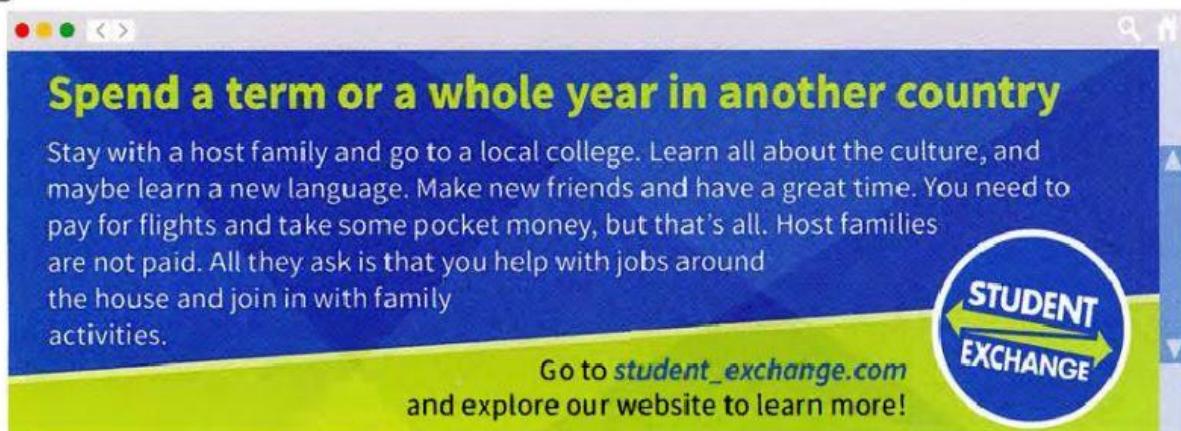
16. to 9:30 pm,/ I/ From 7:00 pm/ do/ often/ my homework/.

17. after that/ I/ sometimes/ or surf/ watch TV/ the Internet/.

18. usually/ I/ at 10:00 pm/ go to bed/.

LISTENING: MATCHING

1. Read some information about a website offering student exchange programmes. Decide if the sentences are true T or false F.



1	All students spend at least a year abroad.	T	F
2	Host families give students pocket money during their stay.	T	F
3	Students should do housework and be involved with family activities.	T	F

stay (v) ở
local (adj) địa phương
make new friends (v.p) kết bạn mới
great (adj) tuyệt vời
time (n) thời gian
country (n) đất nước

pay - paid (v) trả, thanh toán
flight (n) chuyến bay
pocket money (n) tiền tiêu vặt
job (n) công việc
join in (v.p) tham gia vào
involve (v) tham gia

activity (n) hoạt động
exchange (v) trao đổi
explore (v) khám phá
term (n) học kỳ
another (adj) khác
abroad (adv) nước ngoài

2. You are going to listen to two friends, Carlos and Jack, talking about a student exchange trip. Listen and decide which countries Carlos and Jack come from.

Carlos: _____

Jack: _____

3. Listen again. What activity does each member of Jack's family like doing?

For questions 1-5, write a letter A-H next to each person.

Person		Activity
0 Jack	<u>H</u>	A cooking
1 Jack's brother	_____	B going to the gym
2 Jack's sister	_____	C taking care of the garden
3 Jack's mum	_____	D doing art
4 Jack's dad	_____	E repairing things
5 Jack's grandmother	_____	F reading books
		G shopping
		H playing team sports

4. Listen again and fill in the blanks

Carlos: Hi Jack! I'm really 1_____ about coming to stay with you on the student exchange trip to 2_____ next term.

Jack: Me too, Carlos! I know you're going to have a 3_____ time at my school and with my 4_____.

Carlos: Tell me a bit about your family. What do you all 5_____ doing?

Jack: Well, I love playing 6_____ and basketball. I do volleyball once a week and basketball 7_____ a week.

Carlos: I remember you have a 8_____. What does he do? Is he 9_____ in sport, too?

Jack: No, not really. He 10_____ staying at home and reading. He's a member of our 11_____ gym but he never goes.

Carlos: Oh, that sounds like me! You've got a 12_____ too, haven't you?

Jack: Yes, she's really good at 13_____ and drawing. Some of her work is hanging up on the 14_____ at home, so you'll be able to see it when you come.

Carlos: That would be great. I'd love to see it. What about your 15_____?

Jack: Well, my mum loves 16_____ things. She spends a lot of time 17_____ , planting flowers and cutting the 18_____.

Carlos: That 19_____ interesting. And your dad? What does he like doing?

Jack: Well, he's really good at building and 20_____ things. If anything gets 21_____ around the house, he fixes it. He makes new things, too, like 22_____.

Carlos: Great! And I know your 23_____ lives with you. What does she like doing?

Jack: Well, we're lucky - she's an amazing 24_____ and makes us all wonderful 25_____ every day. She already wants to know what you like 26_____.

Carlos: [Laughs] Really? Well, that gives me an 27_____ for a present for her - a recipe 28_____ from where I'm from in the 29_____.

Jack: 30_____!