



My healthy shopping list

- ☐ a kilo of quinoa
- ☐ a kilo of lucuma
- ☐ a bottle of soda
- ☐ a bar of chocolate
- ☐ a box of cookies
- ☐ two bottles of water
- ☐ a kilo of maca
- ☐ a bag of candy
- ☐ a dozen of eggs
- ☐ a bar of cocoa
- ☐ a kilo of golden berry
- ☐ some camu camus
- ☐ an avocado