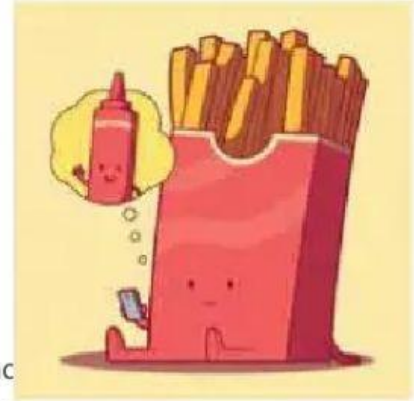
Are you eating healthy?



Reflect on the way that you eat, discuss with your peers about your habits, fat consumption and consequences of visiting fast food restaurants. Use the question below to guide your conversation and take nc insights. You and your classmate have different questions.

Student B

Which fast food restaurants do you visit? How often do you go?	
If you were to design your own burger, what would be on it?	
What fast foods are served in sports stadiums and concerts?	
Which fast food is the most unhealthy? Why do you think so?	
What do you do to avoid fast food?	
What do you think of the "big is beautiful" phenomena?	
Which is worse, obesity or anorexia?	
Do you think obesity will be more of a problem in the future?	
Why don't parents and schools do enough to stop their children from becoming obese?	

LIVEWORKSHEETS