Basic body movements

Directions: Match the basic body movements with the picture.

Twist	Stand	Jumping	Pulling	Pushing

Standing on one leg

Standing on Tiptoes

Zigzag running

Throwing a ball

Tiptoe jumping

1.

2.

3.

4.

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

Name: ……………………..