

### Review 3

**I. Find the word which has a different sound in the part underlined.**

1. A. <u>future</u>	B. <u>return</u>	C. <u>picture</u>	D. <u>culture</u>
2. A. piano	B. fish	C. like	D. badminton
3. A. <u>arrange</u>	B. <u>game</u>	C. <u>make</u>	D. <u>skate</u>
4. A. <u>collage</u>	B. <u>cave</u>	C. <u>cycle</u>	D. <u>cancel</u>
5. A. pottery	B. flower	C. silent	D. service

**II. Choose the best answer (A, B, C or D).**

13. If you want to \_\_\_\_\_ weight, you should follow a low-fat diet.  
a. lose      b. gain      c. put on      d. take

14. Junk foods are high in fat, sodium and sugar, which can lead to\_.  
a. fever      b. allergy      c. obesity      d. stomachache

15. He looks so \_\_\_\_\_. He can't keep his eyes open!  
a. happy      b. tired      c. healthy      d. fit

16. If you want to stay healthy, eat \_\_\_\_\_ vegetables, whole grains, fruit and fish.  
a. much      b. fewer      c. more      d. less

17. Fruit tastes good \_\_ it's healthy for your body.  
a. so      b. but      c. or      d. and

18. You should know \_\_ you eat, so don't eat unhealthy foods.  
a. what      b. who      c. which      d. that

19. She looks very tired. She should work \_\_ or she will get sick.  
a. well      b. less      c. more      d. enough

20. She stays in \_\_\_\_\_ by exercising daily and eating well.  
a. health      b. fit      c. size      d. shape

21. We have raised money for people in need \_\_\_\_ 2015.  
a. in      b. at      c. since      d. for

22. Jane is \_\_\_\_\_ weight because she eats too much junk food.  
a. getting over      b. putting on      c. taking up      d. throwing away

23. The charity \_\_\_\_\_ facilities for disabled people to take part in sport.  
a. provides      b. donates      c. raises      d. collects

### **III. Find and correct the mistakes.**

a. Mary enjoys cook spaghetti and singing English songs. ....  
A      B      C      D

b. He always hanging out with his friends on Sunday. ....  
A      B      C      D

c. You should eat more sweets because you may have a toothache. ....  
A      B      C      D

d. It will be good for her if she relax more. ....  
A      B      C      D

e. You shouldn't take up a sport. It will make your health better. ....  
A      B      C      D

f. Drink more water, but you will not be so thirsty. ....  
A      B      C      D

g. He has a toothache, and he still eats a lot of sweet things. ....

A B C D

h. My hobbies is going hiking and shopping at weekends. ....

A B C D

i. If you eat more sugar, you will lose your weight easily. ....

A B C D

j. She has went to visit Susan. She'll be back tomorrow. ....

A B C D

**IV. Choose the word which best fits each gap.**

Breakfast is the (1)\_\_\_\_\_ important meal of the day. It provides the nutrients your body needs for good health, the calories it needs for (2)\_\_\_\_\_ and helps to maintain your blood sugar level. Studies have shown that people who don't have breakfast have a low blood sugar level and are often slow, tired, hungry and (3)\_\_\_\_\_ to concentrate. Surprisingly, breakfast actually plays a part in weight control. It's easier to (4)\_\_\_\_\_ weight if you eat in the morning rather than later in the day. Dividing the day's calories (5)\_\_\_\_\_ three meals helps take off weight more efficiently than (6)\_\_\_\_\_ breakfast and having two larger meals a day does.

1. a. healthy	b. tasty	c. main	d. most
2. a. strength	b. power	c. energy	d. effort
3. a. able	b. enable	c. unable	d. capable
4. a. lose	b. put	c. gain	d. drop
5. a. in	b. into	c. up	d. for
6. a. skipping	b. making	c. buying	d. serving