

-ED

VS

-ING

Describes how the person feels



Describes the thing that causes the emotion



I'm **tired** because working out is **tiring**.

Instructions: choose the correct option.



1. I'm _____ because doing homework is kinda _____.

2. I was so _____ because the snake was very _____.



3. I'm _____ because doing yoga is super _____.

4. Going to the beach is extremely _____ so I'm totally _____.



5. I'm kinda _____ because the movie was a bit _____.