

READING COMPREHENSION B1. TAREA 2

Read the text and choose the best option (A, B or C) to answer each question. Then, transfer your answers to the answer box. There is only ONE correct answer for each question.

TEENAGERS, PARENTS AND FAMILY RELATIONSHIPS

Many people think that families become less important to children as they move into the teenage years. But your child needs your family and the support it offers as much as she did when she was younger.

It's true that family relationships change during adolescence. When your child was young, your role was to nurture and guide him. Now you might be finding that your relationship with your child is becoming more equal.

Most young people and their families have some ups and downs during these years, but things usually improve by late adolescence as children become more mature. And family relationships tend to stay strong right through.

For teenagers, parents and families are a source of care and emotional support. Families give teenagers practical, financial and material help. And most teenagers still want to spend time with their families, sharing ideas and having fun.

It's normal for teenagers to be moody or seem uncommunicative, but they still need you. Your child still loves you and wants you to be involved in her life, even though at times her attitude, behaviour or body language might seem to say she doesn't.

Why your teenage child needs you

Adolescence can be a difficult time – your child is going through rapid physical changes as well as emotional ups and downs. Young people aren't always sure where they fit, and they're still trying to work it out. Adolescence can also be a time when peer influences and relationships can cause you and your child some stress. Supporting each other can be vital to getting through these challenges

During this time your family is still a secure emotional base where your child feels loved and accepted, no matter what's going on in the rest of his life. Your family can build and support your child's confidence, self-belief, optimism and identity.

When your family sets rules, boundaries and standards of behaviour, you give your child a sense of consistency and predictability. And believe it or not, your life experiences and knowledge can be really useful to your child – she just might not always want you to know that!

Supportive and close family relationships protect your child from risky behaviour. Your support and interest in what your child is doing at school can boost his desire to do well academically too.

Strong family relationships can go a long way towards helping your child grow into a well-adjusted, considerate and caring adult.

(Adapted from www.raisingchildren.net.au)

QUESTIONS

1. Do family relationships change during adolescence?

- A. No, some parents always behave like children.
- B. Yes, because a teenager requires guidance.
- C. Yes, because a teenager is almost an adult.

2. As children grow up, family relationships usually...

- A. get worse.
- B. improve until early adolescence
- C. keep strong.

3. According to the text, many teenagers...

- A. contribute to the economy of the family.
- B. enjoy being with their families.
- C. help their parents in their jobs.

4. According to the text, teenagers usually feel...

- A. Afraid
- B. Bad-tempered
- C. Sociable

5. What changes does a teenager face during adolescence?

- A. Their body and feelings change.
- B. Their emotions change daily.
- C. Their way of thinking and physical appearance change.

6. According to the text, how can a teenager feel in this period thanks to his/her family?

- A. Confused.
- B. Less optimistic.
- C. More confident.

7. Do parents' experiences help their teenager?

- A. It's not known.
- B. No, they don't.
- C. Yes, they do.

8. Good family relationships protect children from...

- A. bad behaviour.
- B. dangerous behaviour.
- C. strange behaviour.

9. Because of strong family relationships, adults...

- A. are able to think better.
- B. become loving people.
- C. keep studying after university.

QUESTION	1	2	3	4	5	6	7	8	9
ANSWER									