

## HOMEWORK

### Unit 6 – Destination B1

#### Phrasal verbs

**D** Write one word in each gap.

*24th June*

*We had our English exam today. It was a disaster! We all sat there nervously, waiting for Mrs Jennings to say we could start. Finally, she told us to turn our exam papers (1) ..... Then she read (2) ..... the instructions to make sure we all understood. We had to write three essays in two hours! We weren't allowed to look (3) ..... any words in the dictionary, and we had to write in pen. That meant we couldn't rub anything (4) ..... if we made a mistake. We had to cross it (5) ..... neatly or just rip (6) ..... the whole piece of paper and start again. So, I read through the three questions very carefully and thought about what I was going to write. I'd just written my name (7) ..... at the top of the first piece of paper, and was about to start writing the first essay, when Mrs Jennings pointed (8) ..... that there were only five minutes left. Oh dear!*

#### Prepositional phrases

**E** Each of the words in bold is in the wrong sentence. Write the correct word.

- 1 We learnt that poem by **conclusion** but I've forgotten it now. ....
- 2 Are you in **general** of teenagers leaving school at the age of sixteen? .....
- 3 I thought the exam would be difficult but, in **instance**, it was really easy. ....
- 4 Many people, for **heart** my brother, prefer to do something active rather than do homework. ....
- 5 In **fact**, the teachers at this school are really nice, but some are nicer than others! .....
- 6 It's a good idea to start the final paragraph of your composition with the phrase 'In **favour**'. ....

26

#### Word formation

**F** Complete by changing the form of the word in capitals.

- 1 Do you think you get a good ..... at your school? **EDUCATE**
- 2 I'm not an expert. I'm only a ..... ! **BEGIN**
- 3 The police are going to give Tracy an award for ..... . **BRAVE**
- 4 I'm writing in ..... to your advertisement for a guitar teacher. **REFER**
- 5 I want ..... at all times during the exam. **SILENT**
- 6 Rupert is an ..... at a local extreme sports centre. **INSTRUCT**
- 7 I'm afraid that answer is ..... so you haven't won today's top prize.  
What a shame! **CORRECT**
- 8 You don't understand ..... ? Look! Twelve divided by four is three.  
It's easy! **DIVIDE**
- 9 This is really difficult to understand. Why don't we ..... it a little? **SIMPLE**
- 10 Actors have to ..... a lot of words when they are in a play. **MEMORY**

## REVIEW

**A** Complete using the words in the box.

exam • fact • favour • heart • instance • mark • progress • skill

- 1 My German teacher says I've made a lot of ..... this term!
- 2 What time are you taking the French ..... tomorrow?
- 3 I'm not in ..... of giving students lots of homework each night.
- 4 Being able to drive a car is a very useful .....
- 5 Have we got to learn all these irregular verbs by ..... ?
- 6 Some languages, like Russian for ....., don't have words for 'a', 'an' and 'the'.
- 7 I got a very good ..... in my geography test.
- 8 Many people hate learning phrasal verbs, but in ..... they're not that difficult.

**C** Complete by changing the form of the word in capitals.

- 16 What's the name of Dave's driving ..... ? **INSTRUCT**
- 17 Dictionaries and encyclopaedias are examples of ..... books. **REFER**
- 18 I've only been learning Arabic for a few months, so I'm still a ..... **BEGIN**
- 19 In maths, you have to learn to do addition, subtraction, multiplication and ..... **DIVIDE**
- 20 Three of your answers were ....., so you got 17 out of 20. **CORRECT**
- 21 Are you really going to take part in the singing competition? I admire your ..... ! **BRAVE**
- 22 I think every child should get a good ..... **EDUCATE**
- 23 There's a ..... to Albert Einstein in the town square. **MEMORY**
- 24 I want complete ....., so no talking at all! **SILENT**
- 25 This maths problem is too difficult for you, so I'll ..... it a little. **SIMPLE**

**D** Choose the correct answer.

- 26 It's the first time ..... all the answers right in a test!  
A I've got                      C I've been getting  
B I'd got                      D I'd been getting
- 27 The exam ..... when Jimmy finally found the right room.  
A has already started      C had already started  
B already started          D already starts
- 28 ..... that crossword for over an hour and you still haven't finished it!  
A You've done              C You've been doing  
B You'd done                D You'd been doing
- 29 When they let us go in, we ..... outside the exam room for over half an hour.  
A have stood                C have been standing  
B had been standing      D are standing



30 Clare hasn't finished her homework

A already  
B yet

C just  
D ever

31 Have you ..... been on a school trip?

A yet  
B for

C before  
D ever

32 Lizzie has been having dance classes  
..... she was four years old.

A for  
B from

C since  
D when

33 Had you been learning French .....  
several years before you took your first exam?

A for  
B from

C since  
D when

## PET PRACTICE

### Health, medicine and exercise

1

Complete the statements with the words in the box.

ambulance  
heart

beats  
injury

break  
medicine

dangerous  
rest

doctors  
rugby

fit  
sick

- If your ..... is healthy, it usually ..... around 70 times per minute.
- According to ....., you should exercise for an hour a day to keep .....
- Horse-riding is a more ..... sport than ..... or football.
- If you ..... your arm, you should call an ..... to take you to hospital immediately.
- If you feel ..... after eating something, you should go to a pharmacy to get some .....
- If an ..... is painful, you should always ..... the part of your body that's hurt.

3

The people below all want to join a sports class. On the next page there are descriptions of eight classes. Decide which class would be the most suitable for the following people. For 1–5 write the correct letter A–H.

1



Chloe enjoys team sports but doesn't want to play in competitions. She needs a morning class. She doesn't have much money and can't afford to buy expensive equipment. ☐

2



Mike isn't very fit. He would like to get fitter, but he finds exercise boring. He's looking for an evening class that is different every week. He'd also like to see how he is improving over time. ☐

3



Sofia loves sport but is recovering from a serious injury. She wants to train in the afternoon with someone who understands her injury and can give her advice on exercises she can do at home. ☐

4



Jack is very fit and is planning a challenging 200 km run. He wants to train at least twice a week and would like some personal training too. He wants to train indoors and outdoors. ☐

5



Tara takes sport seriously. She plays hockey and tennis and wants to improve her skills and take part in competitions. She isn't free from Monday to Friday. ☐

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## Sports classes

### A Sport for life

Weekly sessions in seven different sports, including squash, tennis and basketball. Do your favourite sport or try new ones each week. Classes take place on Thursdays 3–4 p.m. and Sundays 2–3.30 p.m. in Green Park and in the Park Gym. We don't believe in winners and losers, just in having fun!

### C Active plus!

This is a great class for people who enjoy playing sport with others in an informal way. Choose from a range of sports, including 5-a-side football and hockey. Classes are on Saturdays from 9–11 a.m. We provide balls, hockey sticks, etc. and a monthly report on how your fitness is improving.

### E Fitness for all

If you're looking for a gentle, low-cost exercise class, Fitness for all offers exercises to improve your strength and confidence slowly. Our trainers are qualified to help with individual problems and can give you extra ideas to try outside the class. No equipment necessary. Classes: every Tuesday from 2 to 4 p.m.

### G Rising stars

We believe sports are for winners! We offer training from professional sports coaches to help you become a more successful player. Choose from a range of team and racket sports. Players are encouraged to join local and national leagues. Classes: every Saturday and Sunday, or book an individual lesson with one of our trainers.

### B Top training

Our club offers individual training sessions in the gym, with a personal trainer. The class is ideal for people who enjoy training alone and are keen to improve their fitness, or people who have particular difficulties with their fitness. Classes: every morning 9–11 a.m.

### D Water-cise!

Have fun and get fit at your local sports centre! Classes every Tuesday and Thursday from 6–8 p.m. No two classes are the same! We organise regular competitions and also offer individual fitness checks every month, plus the chance to gain progress certificates.

### F Sport for all

This class is for people who want to take up a sport such as football or tennis for the first time. It's a great way to get fit in the fresh air. Classes start with training exercises, followed by a game or small tournament. Classes: every Tuesday and Thursday, 6–8 p.m. All equipment provided.

### H Go for it!

This is a class for people who want to push themselves so they can compete against other people or themselves! Training takes place every Tuesday, Thursday and Saturday. Classes involve a one-hour run in the park, followed by weight training in the gym. Individual coaching and advice on improving fitness at home are also available.