



UNIT 4 – GENERAL REVIEW

NAME: _____ DATE: _____

1 Do the puzzle. Find the words. Write them on the correct line.

B	A	N	D	A	G	E	Z	V	R	S	F	D	E	Z
J	Y	E	Q	P	J	T	I	S	S	U	E	T	J	D
M	J	T	L	S	X	O	M	C	E	B	V	A	E	B
R	U	O	G	T	H	E	R	M	O	M	E	T	E	R
A	R	B	H	Y	M	C	Z	W	T	H	R	H	J	U
T	H	Y	C	O	L	D	B	O	E	L	E	K	Z	I
V	E	N	U	T	Y	C	A	E	A	G	B	S	U	S
C	A	S	T	S	T	O	M	A	C	H	A	C	H	E
P	D	M	W	S	E	B	U	R	N	S	E	O	F	G
Q	A	R	D	J	L	E	S	A	Z	V	B	U	N	T
M	C	E	H	Y	T	E	D	C	O	N	E	G	O	H
B	H	S	C	R	A	T	C	H	Y	S	G	H	U	T
W	E	N	F	U	D	J	X	E	X	J	D	U	A	C

Illness: headache,

Accident: cut,

First aid: cast,

2 Listen. Complete the dialogue. Then work with a partner. Make your own dialogues. Use words from Activity 1. **TR: 4.4**

Martha: _____, Alex?

Alex: _____. And I have _____.

Martha: Oh, no. _____. I think you should _____.

Alex: OK.



- 3 Read.** Read the text and the sentences. Check T for *True* and F for *False*.

Take care of yourself and your body will take care of you!

Germs make you sick.



But if you have a strong and healthy body, you can fight germs.

Here are some easy ideas.

1. Sleep is important. Children aged 8-10 should sleep eight hours every night.
2. For a strong body, you need exercise. Exercise three times a week, for at least 30 minutes.
3. To fight germs, food and water are very important. Eat six servings of fruit and vegetables every day. And drink eight glasses of water a day.
4. Finally, if you want to stay away from the dentist, stay away from sweets, especially between meals!

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|--|-------------------------|-------------------------|
| 1. Children aged 8-10 should sleep for four hours every night. | ☐ T | ☐ F |
| 2. They should exercise three times a week. | ☐ T | ☐ F |
| 3. They should exercise for six hours each time. | ☐ T | ☐ F |
| 4. You should eat six servings of fruit and vegetables every week. | ☐ T | ☐ F |
| 5. We should drink two glasses of water every day. | ☐ T | ☐ F |
| 6. We shouldn't eat sweets between meals. | ☐ T | ☐ F |

- 4 Read and write.** Correct the sentences that were false.

1. Children aged 8-10 shouldn't sleep four hours every night. They should sleep eight hours a night.
2. _____
3. _____
4. _____