



PERÚ

Ministerio
de Educación

GRE La Libertad

UGEL
Sánchez Carrión

I.E. San Nicolás
Huamachuco

APRENDO
en casa



ENGLISH: Level PRE A1 - WEEK 31

EXPERIENCE 08

“LET'S CHANGE OUR
LIFESTYLE”

ACTIVITY 04

DO IT YOURSELF!

LEAD IN!

SELECT the picture to answer the question.

HOW CAN YOU PROTECT YOUR HEALTH WHEN YOU DO OUTDOOR
SPORTS?



1



2



3



4

LET'S CREATE!

Follow the steps to create your infographic.

STEP 1

SELECT a sport.



GO SKATEBOARDING



GO WALKING



GO RUNNING



GO BIKING



Other? _____



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STEP 2

CHOOSE two DOs and DON'Ts.

PROTECT YOUR HEALTH

Dos

- Wear a mask.
- Use hand sanitizer.
- Cover your nose and mouth.
- Stay a safe distance.

Don'ts

- Hug a person.
- Put your mask under your chin.
- Touch your face.
- Touch your clothes.



STEP 3

COMPLETE the paragraph.

My name is _____ I'm _____ years old.

I'm from _____.

I love _____ I go _____
(sport) (sport) (frequency word).

I have some recommendations for you.

When you go _____.

Always _____ and _____.

Don't _____ Never _____.