

Complete the sentences:

1. Your body is made up of _____ and _____:
2. Bones form your _____ and _____ help you to move.
3. Muscles are under our _____ and cover our _____.
4. They help our body to _____.
5. Some _____ work in pairs. When one muscle _____, the other one _____.
6. My muscles help my body to _____.
7. My arm muscles work _____.
8. When the biceps contracts, the triceps _____.
9. A _____ is where two bones meet. Your body _____ at the joints.
10. My _____ moves my head.
11. My _____ moves my hand.
12. My _____ moves my mouth.
13. My _____ move my leg.
14. My _____ move my foot.