Adverb of frequency

Complete these sentences.

1. I seldom visit my	relatives, so Isee my un	cle John.
a) usually	b) almost never	c) almost always
2. I'm never late for	our English class. I'm on	time.
a) often	b) usually	c) always
3. James goes to the	e beach only once a year. He	goes to the beach.
a) almost never	b) never	c) sometimes
4. I eat junk	s food because I know it's not v	ery healthy.
a) always	b) sometimes	c) seldom
5 we go to	the gym to exercise, maybe tw	o or three days a week.
a) rarely	b) sometimes	c) always
6. lwatch ca	rtoons because I hate them. Ne	ews shows are much better.
a) usually	b) never	c) sometimes
7. I went to a restau	rant last week, but Ieat at	home.
a) occasionally	b) usually	c) always
8. She doesn't	finish work early because she	is often busy.
a) never	b) usually	c) hardly ever
9. We visit our grand	parents three or four times	
a) the month	b) month	c) a month
10. He almost never	see a doctor because he is	sick.
a) always	b) normally	c) seldom



11. Do you	travel to other countries or	your summer holiday?
a) ever	b) never to	c) how often
12. lstu	dy very hard, so I usually g	et high grades in school.
a) always	b) rarely	c) seldom

