



Read the text and choose the right options.

How to Interpret our Dreams

Dream interpretation is more (1) _____ when you have a clear picture of your dreams. Remembering your dreams clearly is (2) _____ when you get a good night's sleep and take measures to (3) _____ as much as possible. Write down everything you remember (4) _____ your dreams on waking. Make this a (5) _____ morning ritual (6) _____ doing anything else.

Avoid (7) _____ dream interpretation aids. Your dreams are reflections of (8) _____ and belong to you. Decide (9) _____ the dream reflects a (10) _____ life situation. Dreams are a means by which you can solve problems that have been worrying you.

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|-----|--------------|----------------|---------------------|----------------|
| 1. | 1. mean | 2. meaning | 3. meaningless | 4. meaningful |
| 2. | 1. more easy | 2. more easier | 3. much more easier | 4. much easier |
| 3. | 1. Recall | 2. remind | 3. memorize | 4. remember |
| 4. | 1. for | 2. around | 3. by | 4. of |
| 5. | 1. day's | 2. days | 3. day | 4. daily |
| 6. | 1. after | 2. until | 3. till | 4. before |
| 7. | 1. use | 2. to use | 3. using | 4. used |
| 8. | 1. yourself | 2. yourselves | 3. oneself | 4. you |
| 9. | 1. that | 2. what | 3. which | 4. if |
| 10. | 1. true | 2. normal | 3. real | 4. realistic |

