

HEALTH AND ILLNESS.

COMPLETE:

disease / state / unhealthy / well-being / work

- Health is a of complete physical, mental, and social and not merely the absence of
- Illness is a condition of beingin our body or mind. It means that our body doesn'tnormally.

MATCH:

Being healthy means having:

**Physical
health.**

**Mental
health.**

**Social
health.**

- We have good relationships with our family, friends, at school...
- Our body works well, we have no pain or difficulties in our activities.
- Our emotions are not a problem and we are happy with ourselves.

