

PRACTICE TEST

I. Phonetics (1 point)

Circle the word (A, B, C or D) whose underlined part is pronounced differently

1. A. hottest	B. contest	C. <u>best</u>	D. <u>rest</u>
2. A. laughed	B. enjoyed <u>_</u>	C. dissolved <u>_</u>	D. smiled <u>_</u>
3. A. boxes <u>_</u>	B. glasses <u>_</u>	C. washes <u>_</u>	D. hopes <u>_</u>

Circle the word (A, B, C or D) whose main stress is different from the others

4. A. interview	B. celebration	C. economic	D. nationality
5. A. value	B. gentle	C. picture	D. polite

II. Circle the best word/ phrase (A, B, C or D) to complete the sentences below (3points)

1. His song quickly became a global smash hit.

A. genius B. worldwide C. famous D. national

2. There is no evidence at this time that acupuncture can treat cancer itself.

A. clue B. data C. proof D. sign

3. The digestive system lets us break down the food we eat and turn it energy.

A. on B. for C. of D. into

4. My father usually does the heavy lifting while my mother is responsible the household chores

A. on B. after C. for D. into

5. Two friends, John and Jenny are talking about means of transportation.

- John : "Do you think that we should use public transportation to protect our environment?"

- Jenny: " _____."

A. Yes, it's an absurd idea	B. There is no doubt about it
C. Of course not. You bet	D. Well, that's very surprising

6. John cannot make a _____ to get married to Mary or stay single until he can afford a house and a car.

A. decide B. decision C. decisive D. decisively

7. Most of my friends admire Milan as she can play _____ piano so beautifully.

A. a B. an C. the D. Ø

8. Some foods and spices may _____ your breath for days after a meal.

A. damage B. harm C. reduce D. spoil

9. The "Marching song" was adopted as the national _____ of Viet Nam in 1945.

A. anthem B. song C. flag D. identity

10. Nobody could hear her _____ she spoke too quietly.

A. although B. because C. because of D. in spite of

11. Listen! Someone _____ at the door.

A. knock B. is knocking C. knocked D. knocks

12. My brother usually _____ soccer in the afternoon.
A. play B. plays C. played D. is playing

13. He isn't intelligent enough _____ this math exercise.
A. solving B. solve C. to solve D. solves

14. The class _____ by students every day.
A. is cleaning B. cleans C. is cleaned D. is being cleaned

5. There is a good film on TV tonight and I _____ watch it
A. will watch B. watch C. would watch D. am going watch

IV. Rewrite these following sentences (1 point)

1. Mai is lazy. That's why she often gets bad marks. (so)

2. My father will see my uncle off at the airport tomorrow. (passive voice)

My uncle.....

3. It took him two hours to repair the car. (spent)

He spent.....

4. Learning a foreign language is an interesting experience.

It.....

5. They have built a supermarket in our neighborhood. (passive voice)

A super market.....

Rearrange the following words to make complete sentences

6. is / the family. / taking care of/ My mother / responsible for

7. yin and yang. /by/ are caused / Ailments / an imbalance of

8. a kind / / Quan Ho singing / folk music. / is

9. free time. / music / listening / I like / to / in my

10. do/ share household chores? /your family // the / the members of / How

V. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions

but presents difficult like get before and

In Britain, wedding invitations go out about six weeks (1).....the wedding day. The guests reply as soon as possible say if they can come or not. Choosing a present for the couple can be (2)..... People don't take their (3).....for the wedding. They send them to the woman's house before the wedding day. Most weddings take place before lunch or in the early afternoon. Many people like to (4)..... married in church. The bride often wears a long white dress. Guests wear their best clothes and most of the women wear hats. In the church, the bride's family sits on the left and the groom's one sits on the right. Married people wear their wedding rings on the third finger of the left hand. Most married women wear wedding rings, (5)..... married men often do not.

VI. Read the following passage and choose the correct answer to each of the questions (1point)

Scientists are beginning to understand that sitting down for long hours can be very bad for your health. One of the reasons for this is that poor posture leads to health problems. Here is some advice to help improve your posture and your health.

Sitting with poor posture can lead to serious chronic back pain that doesn't go away. Many people wrongly believe that they should sit with their backs straight at a 90 degree angle to the floor. Scientists, however, have recently discovered that this actually causes more stress on the body. They found that sitting with the back slightly reclined at a 135 degree angle is the healthiest posture. The back muscles are more relaxed and the spine is at a more natural resting position.

Many people develop constant neck pain while sitting. They bend their necks forward to look at a screen or read a book. The lower neck muscles need to work very hard to support the weight of the head. The bones in the spine can slide forward, causing a great deal of neck pain. To avoid this problem, you should try to look at the top portion of a computer screen when working at a desk. Your elbows should be at the side and your feet should be flat on the floor.

You should also try to occasionally stop work and do some stretching exercises. Put your hands behind your back and bring your chest forward slowly. Take a deep breath and relax. You could also try to work while standing up. Finally, you can try to buy a special kind of chair that is built to improve sitting posture.

(Adapted from <http://dreamreader.net>)

Question 1: What is the passage mainly about?

- A. Poor sitting posture and its effects on health
- B. How to stop sitting posture
- C. Scientists' research on poor sitting posture
- D. Sitting posture and its improvement

Question 2: According to the article, what can a poor sitting posture cause?

- A. continuous back pain
- B. relaxed back muscles
- C. infrequent back pain
- D. temporary back pain

Question 3: The word “**discovered**” in paragraph 2 is closest in meaning to:

Question 4: According to the passage, people can avoid neck pain by doing all of the following activities EXCEPT _____.

- A. do some stretching exercises
- B. take a deep breath and relax
- C. sit with their backs straight at a 90 degree angle to the floor
- D. sit with the back slightly reclined at a 135 degree angle.

Question 5: The word "they" in paragraph 2 refers to _____.

A. scientists	B. many people
C. people with back pain	D. people with the healthiest posture