

Listen to an interview with a neurologist. For questions 1-7, choose the best answer (A,B or C)

1 What does Dr Banks' work involve?

- A Performing brain surgery.
- B Treating brain disorders.
- C Improving memory capacity.



2 What is Dr Banks' second book about?

- A Detecting neurological disorders.
- B Coping with Alzheimer's disease.
- C Stimulating the brain.

3 What advice does Dr Banks give to viewers?

- A Listen carefully to what people say.
- B Don't focus on small details.
- C Tell jokes to exercise the brain.

4 How does Dr Banks suggest people should change their lifestyles?

- A by doing puzzles for the brain.
- B by getting more physical activity.
- C by going on a diet.

5 How does eating root vegetables help the brain?

- A They stimulate brain activity.
- B They reduce the risk of brain decay.
- C They increase blood flow.

6 What were the results of the research mentioned by Dr Banks?

- A Brain disorders only affect the elderly.
- B People in their twenties can suffer from memory loss.
- C Active brains are immune to memory loss.

7 What is the purpose of the upcoming seminar?

- A to launch Dr Banks' new book.
- B to promote a new book shop.
- C to test Dr Banks' brain exercises.