

**TOPIC 3. TEEN STRESS AND PRESSURE**  
**LESSON 1: GETTING STARTED, LISTEN AND READ**

**Listen and repeat**

**Find the OPPOSITE of the following words in the conversation**

<b>Words</b>	<b>Antonyms</b>
1. to go to bed early	_____
2. to be relaxed	_____
3. bad exam results	_____
4. to make someone happy	_____
5. to work continuously	_____

6. to have no plans	_____
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**Task 2. Choose the best answer****1. Why is Mai not playing badminton with Phuc, Nick, and Amelie?**

- A. She doesn't like playing badminton.
- B. She is late.
- C. She wants to stay at home.

**2. Why is Mai working very hard for the exam?**

- A. She failed the last exam.
- B. She wants her parents to be proud of her.
- C. She wants to compete with her classmates.

**3. How is Mai feeling now?**

- A. Confident and tired
- B. Tense and disappointed
- C. Tired and stressed

**4. What do Mai's parents want her to be?**

- A. A medical doctor
- B. A designer
- C. A musician

**5. What does Mai want to be?**

- A. A medical doctor
- B. A designer
- C. A musician

**6. What are Phuc, Nick, and Amelie trying to do?**

- A. Understand Mai's situation and help her feel better.
- B. Make Mai feel left out.
- C. Find somebody else to replace Mai for the badminton.