

TOPIC 3. TEEN STRESS AND PRESSURE
LESSON 1: GETTING STARTED, LISTEN AND READ

Listen and repeat

Find the OPPOSITE of the following words in the conversation

| Words | Antonyms |
|--------------------------|----------|
| 1. to go to bed early | _____ |
| 2. to be relaxed | _____ |
| 3. bad exam results | _____ |
| 4. to make someone happy | _____ |
| 5. to work continuously | _____ |

| | |
|---------------------|-------|
| 6. to have no plans | _____ |
|---------------------|-------|

Task 2. Choose the best answer**1. Why is Mai not playing badminton with Phuc, Nick, and Amelie?**

- A. She doesn't like playing badminton.
- B. She is late.
- C. She wants to stay at home.

2. Why is Mai working very hard for the exam?

- A. She failed the last exam.
- B. She wants her parents to be proud of her.
- C. She wants to compete with her classmates.

3. How is Mai feeling now?

- A. Confident and tired
- B. Tense and disappointed
- C. Tired and stressed

4. What do Mai's parents want her to be?

- A. A medical doctor
- B. A designer
- C. A musician

5. What does Mai want to be?

- A. A medical doctor
- B. A designer
- C. A musician

6. What are Phuc, Nick, and Amelie trying to do?

- A. Understand Mai's situation and help her feel better.
- B. Make Mai feel left out.
- C. Find somebody else to replace Mai for the badminton.