



I.E. 7080 "JORGE BERNALES SALAS"



NAME:



GRADE:SECTION:

Miss: Ruth Gómez Camacho

Healthy Food

LEAD IN

Look at the chart and answer the questions.

1. What is the chart about?

a. Diabetes

b. Overweight and obesity

2. What causes overweight and obesity?

a. Ultra-processed food

b. Lack of exercise

c. Good eating habits

3. Which group is most overweight or obese?

a. Children

b. Teenagers

c. Adults

