Name:

Date:

Class:

Subject: Food, Nutrition and Health

Section 1: Diet and Health

Topic: Food Security



Instructions: Place the correct words on the lines for these definitions then fill in the blanks below to complete the list of the main dimensions.

_____ refers to the situation that all people at all times have physical and economic access to enough safe and nutritious food to maintain a healthy and active life.

_____ occurs at the national level when people do not have adequate physical and economic access to safe and nutritious food to maintain a healthy and active lifestyle

Main Dimensions of Food Security

1. _____ v ____ i ____ a _____ i _____ i _____ y
2. a___ ____ e s _____
3. _____ t _____ _____ i _____ _____ t _____
4. u _____ i _____ i _____ a ____ _____ _____ n

LIVEWORKSHEETS