

LESSON 1

A. VOCABULARY

1. Link ELSA SPEAK: [elsa.btvn01.mindsetfoundation](https://elsa.btvn01.mindsetfoundation.com)

2. Look and drag the words onto the suitable pictures



get up
exercise
relax with friends
go to bed
watch TV

study
catch the bus
work
go online
have breakfast

B. VOCABULARY AND SPEAKING

Read the sentences about a boy who is doing a language course in the UK.

Choose the best answer, A, B or C.

0 Ping _____ at 7:30am every morning and has breakfast with his host family.

Answer: A

A gets up **B** stands up **C** stays up

1 At 8:30am, he _____ the bus to his language school.

A goes **B** catches **C** travels

2 During the day, Ping studies English and _____ to his classmates.

A laughs **B** chats **C** tells

language (n) ngôn ngữ
host (n) chủ nhà
stay up (v.p) thức
catch (v) bắt
travel (v) di chuyển
during (pre) trong suốt
classmate (n) bạn cùng lớp
laugh (v) cười
tell (v) kể, nói

3 Everyone speaks English in his class because the students all _____ from different countries around the world.

A arrive B live C come

4 After Ping finishes school at 3:00pm, he often _____ some sightseeing in the city with his friends.

A does B makes C has

5 In the evening, Ping relaxes with his host family, _____ TV or goes online.

A watches B sees C looks

student (n) học sinh
different (adj) khác
country (n) đất nước
speak (v) nói
arrive (v) đến
finish (v) kết thúc
sightseeing (v) ngắm cảnh
relax (v) thư giãn

C. READING: CHOOSE THE CORRECT ANSWER

You are going to read an article about the daily life of three teenagers from different countries.

NINA

NORWAY

I live in a village on Norway's Atlantic coast. I get up at 7:30am and walk to college. Classes begin at 8:30am and finish at 3pm. After that, I go to one of the college clubs. These are not very expensive and there are lots to choose from. I do athletics and football but you can also do things like folk dancing and cross-country skiing. When my parents come home from work, my dad makes dinner and we all eat together. After that, my mum takes me out for a driving lesson. I've got my test soon and I need to practise!

AVA

AUSTRALIA

I'm from a small town in Queensland. Most people in Australia live near the coast, but we live on a cattle farm in the centre of the country. I get up at around 7am and have breakfast. My mum teaches at my college, so I usually go with her in the car instead of taking the bus. College starts at 8:30am and finishes at 4pm. When I get home, I help my dad on the farm for a few hours. In the evenings, I try to watch TV but I'm usually too tired. I go to bed at about 10:00pm.

MICHAEL

BRAZIL

I live in Rio de Janeiro. I get up at 6am and catch a bus to college at 6:30am. Lessons start at 7:20am. We have a break at 9:50am and then study until 12:30pm. I get home at about 1:40pm. After that, I often go to the beach with my friends to

article (n) bài báo
daily life (n.p) cuộc sống hằng ngày
routine (n) sinh hoạt hằng ngày
Norway (n) nước Na Uy
Atlantic (n) Đại Tây Dương
coast (n) bờ biển
college (n) trường cao đẳng
expensive (adj) đắt đỏ
athletics (n) thể thao
folk (n) dân gian
cross-country skiing (n) trượt tuyết băng đồng
take SO out (v.p) đưa ai đó ra ngoài

cattle (n) gia súc
instead of (adv) thay vì
few (adj) một ít, chút

have a break (v.p) nghỉ giải lao

swim in the ocean or play beach volleyball, but I sometimes also just stay at home to sleep or study. In the evenings, I cook dinner for my family, then we watch TV or listen to the radio before bed. I switch off my light at about 10pm.

ocean (n) đại dương
before (adv) trước
switch off (v.p) tắt, ngắt

Read the article again and the sentences. Choose the best answer, A, B or C.

0 Who finishes studying before 1pm?

Answer: B

A Ava **B** Michael **C** Nina

1 Who works with a member of the family after college?

A Ava **B** Michael **C** Nina

2 Who goes out in the car in the evenings?

A Ava **B** Michael **C** Nina

3 Who gets a lift in a car to college most mornings?

A Ava **B** Michael **C** Nina

4 Who prepares the evening meal for the family?

A Ava **B** Michael **C** Nina

5 Who pays to do extra activities in the afternoons?

A Ava **B** Michael **C** Nina

6 Who finds it difficult to watch TV in the evenings?

A Ava **B** Michael **C** Nina

7 Who lives a long way from the sea?

A Ava **B** Michael **C** Nina

get a lift (v.p) bắt xe quá giang
prepare (v) chuẩn bị
pay (v) thanh toán
extra (adj) thêm
find (v) nhận thấy
long way (n.p) đường xa