Name: _____

SMART Goal Map

Instructions: List the required information in the boxes below.

S	**MAKE IT SPECIFIC**	What do you want to accomplish?
M	**MAKE IT MEASURABLE**	How will you know you have accomplished your goal?
A	**MAKE IT ACHIEVABLE**	How can the goal be accomplished?
R	**MAKE IT RELEVANT**	Is this goal worth working hard to accomplish? Explain.
T	**MAKE IT TIMELY**	By when will the goal be accomplished?