

E7 – mid term test

I. Verb form

1. I..... my Maths homework yesterday. (to do)
2. you..... to England by plane? (to go)
3. They..... a farm two weeks ago. (to visit)
4. Jenny and Peggy..... their brother. (not/to help)

II. Word form

1. I have _____ so I must go to a dentist. (tooth)
2. Junk food is _____, so we shouldn't eat too much junk food. (health)
3. They opened a shelter to provide housing for the _____. (home)
4. You should take the doctor's Stay in bed! (advise)

III. Reading

Maintaining a healthy body is not that easy and not so difficult also. Most important (1) _____ for a healthy body is to have healthy food and eat them at proper time. Avoid eating (2) _____. Your diet should contain food which has more nutrients. Try to include vegetables, fruits, milk, and fish in your daily diet. Make sure you are having your breakfast (3) _____. Skipping your breakfast regularly will definitely affect your health. Make sure you drink more (4) _____ of water daily. Regular exercise will also keep your body in good health. You can go for running, do cycling, walking faster etc. Apart from these always try to manage your stress. By controlling your stress you can maintain a healthy body. Your body should get enough time to take rest. Make sure you get a sleep of 8 hours daily. Sleep is very important for (5) _____ body and also for mental and emotional happiness.

Complete the paragraph with the correct answers.

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|-----------------|---------------|---------------|
| 1. A. tips | B. tip | C. advise |
| 2. A. junk food | B. vegetables | C. fruits |
| 3. A. regular | B. regularly | C. regulation |
| 4. A. number | B. lot | C. amount |
| 5. A. healthy | B. health | C. unhealthy |

Answer the questions

1. What should we try to include in our daily diet?

2. How many hours should we sleep daily? _____

IV. Write

1. We all find painting interesting because it's a creative activity.

→ We all think _____

2. Jane wants to talk to the teacher, so she stayed behind after the class. (because)

→ Jane _____