

## Listening Practice about Technology

Listen carefully & fill in the following gaps:

I have to work with (1) \_\_\_\_\_ and phones all the time in my work, either sitting in front of a (2) \_\_\_\_\_ or living by the apps on my (3) \_\_\_\_\_. I think the number of voice-to-voice phone calls has gone down a lot in the last few years, but with Facebook, Twitter, and so on, I feel sort of chained to technology the entire (4) \_\_\_\_\_ of the working week. So, when the weekend comes – and I'm afraid for me that's Saturday morning, not Friday night – there's nothing I like better than (5) \_\_\_\_\_ off the computer, the mobile and the (6) \_\_\_\_\_ and enjoying real peace and quiet. We live near to some fields and open country, and I can listen to the birds sing, go for long walks, maybe drop in at our local pub and have a drink with some of the locals. It's not (7) \_\_\_\_\_, I grant you, but it's very relaxing and helps me remember I'm a human being, not a part of some computerised (8) \_\_\_\_\_. Of course, by Sunday night, I'm already thinking about the working week ahead, but never mind. I've had those two days to recharge my (9) \_\_\_\_\_, as they say.